

## **Step Up**

### **Step Up: Protect Kids from Child Sexual Abuse**

Child sexual abuse is a serious problem in Vermont. Most often committed by those we know and trust. It's up to us to end it. No one can do everything, but everyone can do something. Learn what you can do to prevent, recognize, and react responsibly to child sexual abuse.

#### **Prevention**

##### Educate Yourself

Learn the facts (e.g. who abuses children, how it happens, what to look for).

##### Plan For Safety

Create and implement a plan to help keep your children safe.

##### Talk About It

Get tips for talking openly with your children and with other adults.

#### **Intervention**

Take action When Something Seems Wrong

#### **Treatment**

##### Find Resources

Get connected to community, regional, and statewide resources

**Step Up** is a program run by the Department of Child and Family Services.

To get more information go to <http://dcf.vermont.gov/stepup>